



Helping you live better today.

CPS Wellness Works Program Website Access

Have You Logged in to the Wellness Works Website?

This integrated, web-based resource is so much more than an online scorecard. The website helps support your journey to improved wellbeing on top of tracking your earned incentives. Your online access will connect you to a host of helpful features that will allow you to:

- Access your scorecard electronically
 - * No need to enter your incentives on your scorecard anymore. Simply submit your documentation to the Wellness Works team and they will be uploaded
- Complete your online Personal Health Assessment (PHA, formerly the PWP) before the December 31 deadline in order to earn dollars for ANY items on your scorecard (and submit current year biometrics)
- Register for biometric screening and other wellness events
- Track progress toward health and wellness goals
- Enroll in wellness workshops and challenges
- Reference a vast library of health tips and articles

To get started, go to www.cps.trihealth.com to register your account. Additional step-by-step instructions to creating your account are on the following page.

Questions?
Contact Joan Lipinski, Wellness Coordinator
513 977 0050 | joan_lipinski@trihealth.com

Get Connected

www.cps.trihealth.com

Your Online Access to Employee Wellness Resources

www.cps.trihealth.com is your link to our comprehensive, web-based resource filled with tools to support your healthier lifestyle, including access to your electronic scorecard. Visit today to register your account, explore features of the site, and discover ways to reach your incentive plan goals while improving your overall wellbeing.

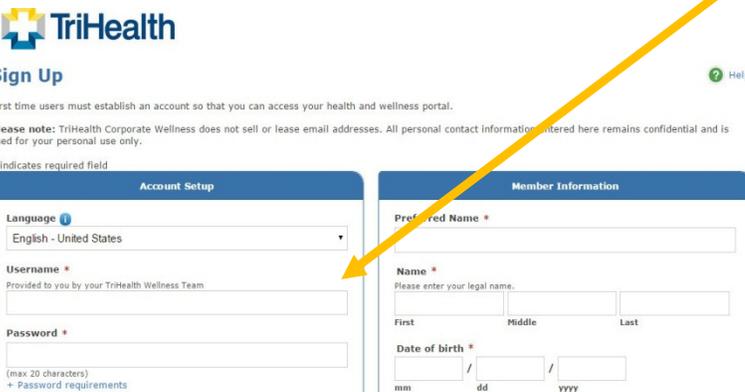
Log-In Page



Register Your Account

Visit
www.cps.trihealth.com

Click
Register New Account



Sign Up for Online Access

Input Your Username

Your username is CPS + employee number (minus the 'E') + 1 (employee) or 2 (spouse). Brand new spouses need to contact Wellness Works to be added.

- * Your employee number can be found on your paystub (it begins with an E)
- * If your employee number contains any leading zeroes, please do not include them in your username and do not include the E.

(i.e. Your employee id is E00999. Your username is CPS9991 and your spouse's will be CPS9992)

Password

Create your account password using the requirements indicated on the site (at least 8 characters with at least 1 upper case letter and at least 1 number).



Explore Your Dashboard

Access Your Scorecard and PHA
Register for Screenings
Track Your Progress
Reference Health Tips, Articles and More